

Following is a list of resources about Autism Spectrum Disorder (ASD). This bulletin is not an exhaustive list as it will be an ever-increasing catalogue as more books are published over time. This compiled assortment of ASD books and podcasts is merely an introduction to the vast world of autism information. This list is separated according to category as seen on this content page and is not in any other particular order.

~Volunteer List UPDATED 1/3/2025

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ASD MEMOIRS

- 1) **EMERGENCE: LABELED AUTISTIC, A TRUE STORY** (PUB SEPT 1, 1996)
BY TEMPLE GRANDIN PHD & MARGARET M. SCARIANO
- 2) **WHAT I MEAN WHEN I SAY I'M AUTISTIC: UNPUZZLING A LIFE ON THE AUTISM SPECTRUM**
(PUB 2022) BY ANNIE KOTOWICZ
- 3) **SPECTRUM WOMEN: WALKING TO THE BEAT OF AUTISM** (PUB AUG 21, 2018) BY BARB COOK
- 4) **PRETENDING TO BE NORMAL: LIVING WITH ASPERGER'S SYNDROME (AUTISM SPECTRUM DISORDER), EXPANDED EDITION** (PUB SEP 21, 2014) BY LIANE HOLLIDAY WILLEY AND TONY ATTWOOD
- 5) **NERDY, SHY, AND SOCIALLY INAPPROPRIATE: A USER GUIDE TO AN ASPERGER LIFE**
(PUB SEPT 21, 2014) BY CYNTHIA KIM
- 6) **ODD GIRL OUT: AN AUTISTIC WOMAN IN A NEUROTYPICAL WORLD** (PUB JANUARY 1, 2018)
BY LAURA JAMES
- 7) **AUTISM IN HEELS: THE UNTOLD STORY OF A FEMALE LIFE ON THE SPECTRUM** (PUB DEC 4, 2018)
BY JENNIFER COOK O'TOOLE
- 8) **LOOK ME IN THE EYE: MY LIFE WITH ASPERGER'S** (PUB SEPT 9, 2008) BY JOHN ELDER ROBISON
- 9) **LIVING IN A BUBBLE: DIAGNOSED WITH HIGH FUNCTIONING ASPERGER'S AS AN ADULT**
(PUB APRIL 1, 2019) BY ANTHONY KING
- 10) **BE DIFFERENT: MY ADVENTURES WITH ASPERGER'S AND MY ADVICE FOR FELLOW ASPERGIANS, MISFITS, FAMILIES, AND TEACHERS** (PUB MARCH 20, 2012) BY JOHN ELDER ROBISON
- 11) **BUT YOU DON'T LOOK AUTISTIC AT ALL** (PUB JULY 16, 2020) BY BIANCA TOEPS
- 12) **APOLLO AUTISM** (PUB MAR 5, 2022) BY ALEX FILSTEIN
- 13) **THE REASON I JUMP: THE INNER VOICE OF A THIRTEEN-YEAR-OLD BOY WITH AUTISM**
(PUB MARCH 22, 2016) BY NAOKI HIGASHIDA

- 14) **FALL DOWN 7 TIMES GET UP 8: A YOUNG MAN'S VOICE FROM THE SILENCE OF AUTISM**
(PUB MARCH 26, 2019) BY NAOKI HIGASHIDA
- 15) **AN ADULT WITH AN AUTISM DIAGNOSIS** (PUB MAR 21, 2017) BY GILLAN DREW
- 16) **THE GAME OF MY LIFE: A TRUE STORY OF CHALLENGE, TRIUMPH, AND GROWING UP AUTISTIC**
(PUB FEB 3, 2009) BY JASON "J-MAC" MCELWAIN (AUTHOR), DANIEL PAISNER
- 17) **NOBODY NOWHERE: THE REMARKABLE AUTOBIOGRAPHY OF AN AUTISTIC GIRL**
(PUB DEC 1, 1998) BY DONNA WILLIAMS
- 18) **UNDERESTIMATED: AN AUTISM MIRACLE** (PUB MAR 23, 2021) BY J.B. HANDLEY AND JAMISON HANDLEY
- 19) **NO MAP TO THIS COUNTRY: ONE FAMILY'S JOURNEY THROUGH AUTISM** (PUB APRIL 5, 2016)
BY JENNIFER NOONAN
- 20) **THE BOY WHO FELT TOO MUCH: HOW A RENOWNED NEUROSCIENTIST AND HIS SON CHANGED
OUR VIEW OF AUTISM FOREVER** (PUB APR 27, 2021) BY LORENZ WAGNER & LEON DISCHE BECKER
- 21) **SWITCHED ON: A MEMOIR OF BRAIN CHANGE AND EMOTIONAL AWAKENING**
(PUB FEB 7, 20127) BY JOHN ELDER ROBISON , ALVARO PASCUAL-LEON, ET AL.
- 22) **TO SIRI WITH LOVE: A MOTHER, HER AUTISTIC SON, AND THE KINDNESS OF MACHINES**
(PUB AUG 7, 2018) BY JUDITH NEWMAN
- 23) **ON THE SPECTRUM: AUTISM, FAITH, AND THE GIFTS OF NEURODIVERSITY** (PUB AUG 10, 2021)
BY DANIEL BOWMAN JR

PARENTING FOR ASD KIDS

- 1) **TURN AUTISM AROUND: AN ACTION GUIDE FOR PARENTS OF YOUNG CHILDREN WITH EARLY SIGNS OF AUTISM** (PUB MAR 30, 2021) BY MARY LYNCH BARBERA PH.D. AND TEMPLE GRANDIN PHD

- 2) **THE BREAKAWAY: A PARENT'S GUIDE TO TRANSITIONING THE AUTISTIC AND TWICE EXCEPTIONAL ADOLESCENT INTO YOUNG ADULTHOOD** (PUB APRIL 2, 2021) BY THOMAS W. WELCH PSY.D.

- 3) **UNDERSTANDING AUTISM: POTTY TRAINING AND PERSONAL CARE, HELP YOU CHILD ACCOMPLISH BASIC HYGIENE TASKS: GETTING A HAIRCUT, BRUSHING TEETH, WASHING HANDS, BATHING, AND MUCH MORE!** (PUB MAY 14, 2021) BY YASMIN AKHTAR

- 4) **LETTER TO MY TEACHER: AN ILLUSTRATED AUTISM AWARENESS BOOK FOR TEACHERS, CHILDREN AND PARENTS** (PUB OCT 9, 2022) BY DINA MOUNTNEY

- 5) **FACING AUTISM: GIVING PARENTS REASONS FOR HOPE AND GUIDANCE FOR HELP** (PUB MARCH 14, 2000) BY LYNN M. HAMILTON

- 6) **BECOMING A SERIOUSLY HAPPY SPECIAL NEEDS MOM: 21 STEPS TO FINDING YOUR HAPPY PLACE** (PUB SEPTEMBER 6, 2016) BY LINDA JAMES BENNETT

- 7) **RAISING CUBBY: A FATHER AND SON'S ADVENTURES WITH ASPERGER'S, TRAINS, TRACTORS, AND HIGH EXPLOSIVES** (PUB MARCH 18, 2014) BY JOHN ELDER ROBISON

- 8) **DANCING WITH MAX: A MOTHER AND SON WHO BROKE FREE** (PUB October 13, 2012) BY EMILY COLSON

- 9) **SHARING LOVE ABUNDANTLY IN SPECIAL NEEDS FAMILIES: THE 5 LOVE LANGUAGES® FOR PARENTS RAISING CHILDREN WITH DISABILITIES** (PUB AUGUST 6, 2019) BY GARY CHAPMAN & JOLENE PHIL
- 10) **A THORN IN MY POCKET: TEMPLE GRANDIN'S MOTHER TELLS THE FAMILY STORY** BY EUSTACIA CUTLER
- 11) **COULD IT BE AUTISM: A PARENT'S GUIDE TO THE FIRST SIGNS AND NEXT STEPS**
(PUB APRIL 10, 2007) BY NANCY WISEMAN
- 12) **THE PARENT'S GUIDE TO RAISING A CHILD WITH AUTISM: UNDERSTANDING AND OVERCOMING THE CHALLENGES OF PARENTING AUTISTIC CHILDREN** (PUB JUL 6, 2022) BY LILY IRELAND
- 13) **30 DAYS TO YOUR SPECIAL NEEDS TRUST: A QUICK-START GUIDE TO YOUR SPECIAL-NEEDS ESTATE PLAN** (PUB SEPT 8, 2020) BY ROB WRUBEL CFP
- 14) **WHAT WILL HAPPEN TO MY SPECIAL NEEDS CHILD WHEN I AM GONE: A DETAILED GUIDE TO SECURE YOUR CHILD'S EMOTIONAL AND FINANCIAL FUTURE** (PUB OCT 22, 2020) BY SUSAN JULES
- 15) **SEVEN KEYS TO UNLOCK AUTISM: MAKING MIRACLES IN THE CLASSROOM**
(PUB NOV 1, 2011) BY ELAINE HALL & DIANE ISAACS
- 16) **NOW I SEE THE MOON: A MOTHER, A SON, AND THE MIRACLE OF AUTISM**
(PUB MARCH 29, 2011) BY ELAINE HALL
- 17) **PARENTING A CHILD WITH AUTISM: A MODERN GUIDE TO UNDERSTAND AND RAISE YOUR ASD CHILD TO SUCCESS** (PUB JUN 14, 2022) BY RICHARD BASS

- 18) **EATING FOR AUTISM: THE 10-STEP NUTRITION PLAN TO HELP TREAT YOUR CHILD'S AUTISM, ASPERGER'S, OR ADHD** (PUB APR 28, 2009) BY ELIZABETH STRICKLAND
- 19) **NURTURING AUTISM: EMPOWERING PARENTS TO SUPPORT AND GUIDE CHILDREN ON THE SPECTRUM** (PAPERBACK PUB SEPT 2, 2023) BY ZAHRA ALI
- 20) **CHILDREN WITH HIGH-FUNCTIONING AUTISM: A PARENT'S GUIDE 1ST EDITION**
BY CLAIRE E. HUGHES-LYNCH
- 21) **JUST GIVE HIM THE WHALE! 20 WAYS TO USE FASCINATIONS, AREAS OF EXPERTISE, AND STRENGTHS TO SUPPORT STUDENTS WITH AUTISM 1ST EDITION**
BY PAULA KLUTH (AUTHOR), PATRICK SCHWARZ (AUTHOR)
- 22) **TEN THINGS EVERY CHILD WITH AUTISM WISHES YOU KNEW: REVISED AND UPDATED (PAPERBACK PUB JUNE 1, 2019)** BY ELLEN NOTBOHM (AUTHOR)

ASD CHILDREN BOOKS

- 1) **THIS IS ME! I AM WHO I'M MEANT TO BE!** (PUB JUNE 26, 2021) BY AMY PFLUEGER

- 2) **ALL MY STRIPES: A STORY FOR CHILDREN WITH AUTISM** (PUB MAR 9, 2015)
BY SHAINA RUDOLPH & DANIELLE ROYER

- 3) **UNIQUELY WIRED: A STORY ABOUT AUTISM AND ITS GIFTS PICTURE BOOK**
(PUB JANUARY 29, 2018 BY JULIA COOK

- 4) **MY FRIEND JAKE HAS AUTISM: A BOOK TO EXPLAIN AUTISM TO CHILDREN, ILLUSTRATED**
(PUB NOV 10, 2019) BY CHRISTINE R DRAPER

- 5) **MY FRIEND HAS AUTISM BUT HE IS NO DIFFERENT FROM ME** (PUB JUNE 26, 2019) BY DONDEE GUJILDE

- 6) **DO YOU TALK THE WAY I TALK?** (PUB DEC 7, 2020) BY TABITHA CABRERA

- 7) **ALL CATS ARE ON THE AUTISM SPECTRUM** (PUB OCT 21, 2020) BY KATHY HOOPMANN

- 8) **MASTERPIECE: AN INCLUSIVE KIDS BOOK CELEBRATING A CHILD ON THE AUTISM SPECTRUM**
(PUB JAN 4, 2023) BY ALEXANDRA HOFFMAN

- 9) **NATHAN'S AUTISM SPECTRUM SUPERPOWERS** (PUB OCT 12, 2018) BY LORI LEIGH YARBOROUGH

- 10) **MY BROTHER'S KEEPER: A STORY ABOUT AUTISM** (PUB AUG 21, 2022) BY DINA MOUNTNEY

- 11) **THE GIRL WHO THOUGHT IN PICTURES: THE STORY OF DR. TEMPLE GRANDIN**
(PUB AUG 29, 2017) BY JULIA FINLEY MOSCA

- 12) **LISTENING WITH MY HEART: A STORY OF KINDNESS AND SELF-COMPASSION** BY GABI GARCIA

- 13) **DO YOU WANT TO PLAY?: MAKING FRIENDS WITH AN AUTISTIC KID**
(PUB SEPT 17, 2020) BY DANIEL SHARE-STROM
- 14) **WHEN THINGS GET TOO LOUD: A STORY ABOUT SENSORY OVERLOAD (SENSORY SERIES)**
BOOK 1 OF 2: SENSORY SERIES (PUB JUL 8, 2021) BY ANNE ALCOTT
- 15) **SENSORY SEEKING SEBASTIAN** (PAPERBACK PUB JANUARY 28, 2021) BY CHRISTIA DESHIELDS
- 16) **TOO MUCH! AN OVERWHELMING DAY** (HARDCOVER PICTURE BOOK PUB AUGUST 1, 2023)
BY JOLENE GUTIÉRREZ, ANGEL CHANG (HARDCOVER)

ASD CHILDREN ACTIVITY GUIDES

- 1) **AUTISM ACTIVITY BOOK FOR KIDS: 50 FUN EXERCISES TO BUILD CONFIDENCE AND IMPROVE COMMUNICATION SKILLS** (PUB MAY 18, 2021) BY PUJA TRIVEDI PARIKH LCSW BCBA
- 2) **THRIVING WITH AUTISM: 90 ACTIVITIES TO ENCOURAGE YOUR CHILD'S COMMUNICATION, ENGAGEMENT, AND PLAY** (PUB APRIL 28, 2020) BY KATIE COOK MED BCBA
- 3) **AUTISM AND ME - AUTISM BOOK FOR KIDS AGES 8-12: AN EMPOWERING GUIDE WITH 35 EXERCISES, QUIZZES, AND ACTIVITIES!** (PUB DECEMBER 14, 2021) BY KATIE COOK BCBA MED
- 4) **THE OUTDOOR SCIENTIST: THE WONDER OF OBSERVING THE NATURAL WORLD (INCLUDES 40 PROJECTS FOR KIDS!)** (PUB APRIL 5, 2022) BY TEMPLE GRANDIN
- 5) **HANDS-ON ACTIVITIES FOR CHILDREN WITH AUTISM & SENSORY DISORDERS** (PUB APRIL 6, 2016) BY TERESA GARLAND
- 6) **MUSIC THERAPY, SENSORY INTEGRATION AND THE AUTISTIC CHILD** (PUB FEB 1, 2002) BY DORITA S. BERGER
- 7) **MUSIC THERAPY AND AUTISM ACROSS THE LIFESPAN: A SPECTRUM OF APPROACHES** (PUB JUNE 21, 2019) BY DUNN, COOMBES, MACLEAN, MOTTRAM, AND NUGENT
- 8) **EARLY CHILDHOOD MUSIC THERAPY AND AUTISM SPECTRUM DISORDER: SUPPORTING CHILDREN AND THEIR FAMILIES** SECOND EDITION (PUB NOV 21, 2018 BY PETRA KERN

ASD MARRIAGE/RELATIONSHIPS

- 1) **LOVE AND ASPERGER'S: PRACTICAL STRATEGIES TO HELP COUPLES UNDERSTAND EACH OTHER AND STRENGTHEN THEIR CONNECTION** (PUB OCT 27, 2020) BY KATE MCNULTY LCSW

- 2) **ASPERGER SYNDROME (AUTISM SPECTRUM DISORDER) AND LONG-TERM RELATIONSHIPS: SECOND EDITION** (PUB OCT 21, 2014) BY ASHLEY STANFORD

- 3) **THE JOURNAL OF BEST PRACTICES: A MEMOIR OF MARRIAGE, ASPERGER SYNDROME, AND ONE MAN'S QUEST TO BE A BETTER HUSBAND** (PUB OCT 9, 2012) BY DAVID FINCH

- 4) **FRIENDSHIP LOVE AUTISM: COMMUNICATION CHALLENGES AND THE AUTISM DIAGNOSIS THAT GAVE US A NEW LIFE TOGETHER** (PUB 2022) BY MICHELLE PRESTON & ANDREW PRESTON

- 5) **ALONE TOGETHER: MAKING AN ASPERGER MARRIAGE WORK** (PUB APRIL 15, 2007) BY KATRIN BENTLEY

- 6) **22 THINGS A WOMAN WITH ASPERGER'S SYNDROME WANTS HER PARTNER TO KNOW** (PUB MARCH 15, 2012) BY RUDY SIMONE

- 7) **MARRIAGE AND LASTING RELATIONSHIPS WITH ASPERGER'S SYNDROME/AUTISM SPECTRUM DISORDER** (PUB JUNE 30, 2015) BY EVA A. MENDES

- 8) **WHEN YOUR MAN IS ON THE SPECTRUM: TO KNOW, UNDERSTAND & TRANSFORM**
(PUB SEPT 13, 2020) BY PNINA ARAD
- 9) **WALKING ON EGGHELLS: CONFESSIONS FROM AN ASPERGER MARRIAGE AND HOW WE MADE IT WORK** (PUB JUN 12, 2017) BY KAREN ROWLANDS
- 10) **THE OTHER HALF OF ASPERGER SYNDROME (AUTISM SPECTRUM DISORDER): A GUIDE TO LIVING IN AN INTIMATE RELATIONSHIP WITH A PARTNER WHO IS ON THE AUTISM SPECTRUM**
(PUB FEB 21, 2014) BY MAXINE ASTO
- 11) **UNMASKING ADULT AUTISM THE BRAIN AND THE PERSON: AUTISM DIAGNOSIS SUCCESS FOR YOUR BEST LIFE OF PURPOSE, FRIENDS & SPECIAL RELATIONSHIPS** (AUDIO PUB 2022)
BY CURTIS YOUNGBLOOD
- 12) **THE BREAKAWAY: A PARENT'S GUIDE TO TRANSITIONING THE AUTISTIC AND TWICE EXCEPTIONAL ADOLESCENT INTO YOUNG ADULthood** (PAPERBACK PUB APRIL 2, 2021)
BY THOMAS W. WELCH PSY.D.
- 13) **THE LOVING PUSH, 2ND EDITION: A GUIDE TO SUCCESSFULLY PREPARE SPECTRUM KIDS FOR ADULthood** (PAPERBACK PUB APRIL 5, 2022) BY TEMPLE GRANDIN (AUTHOR), DEBRA MOORE PH.D. (AUTHOR)

DEVELOPING COPING SKILLS FOR ASD PEOPLE OF VARYING AGES

- 1) **LIFE SKILLS WORKBOOK FOR ADULTS WITH AUTISM AND SPECIAL NEEDS: ACTIVITIES TO HELP DEVELOP INDEPENDENCE, SELF ADVOCACY AND SELF CARE** (PUB AUG 12, 2021)
BY SUSAN JULES

- 2) **MELTDOWN MANAGEMENT: STRATEGIES TO HANDLE MELTDOWNS IN CHILDREN WITH AUTISM AND SPECIAL NEEDS** (PUB JULY 16, 2021) BY KATHRYN PADDINGTON

- 3) **SAFETY SKILLS FOR ASPERGER WOMEN: HOW TO SAVE A PERFECTLY GOOD FEMALE LIFE**
(PUB SEP 15, 2011) BY LIANE HOLLIDAY WILLEY

- 4) **THE APERKID'S SECRET BOOK OF SOCIAL RULES: THE HANDBOOK OF (NOT-SO-OBVIOUS) NUEROTYPICAL SOCIAL GUIDELINES FOR AUTISTIC TWEENS/TEENS**
(PUB JUNE 21, 2022) BY JENNIFER COOK O'TOOLE

- 5) **NAVIGATING AUTISM: 9 MINDSETS FOR HELPING KIDS ON THE SPECTRUM**
(PUB SEPT 21,2021) BY TEMPLE GRANDIN AND DEBRA MOORE

- 6) **LIFE COACHING FOR ADULTS ON THE AUTISM SPECTRUM: DISCOVERING YOUR TRUE POTENTIAL**
(PUB DEC 6, 2021) BY JACLYN HUNT ACAS, FRANCESCO PALADINO CCC, ET AL.

- 7) **UNDERSTANDING AND MANAGING AUTISM IN CHILDREN: THE ULTIMATE GUIDE TO AUTISM IN GIRLS AND BOYS - EARLY SIGNS, CREATING ROUTINES, MANAGING SENSORY ... MELTDOWNS, BREATHING PRACTICES AND MUCH MORE** (PUB OCT 19, 2021) BY OLIVIA HARRIS

- 8) **OVERCOMING ANXIETY AND DEPRESSION ON THE AUTISM SPECTRUM: A SELF-HELP GUIDE USING CBT** (PUB JAN 21, 2015) BY LEE A. WILKINSON
- 9) **THE SURVIVAL GUIDE FOR KIDS WITH AUTISM SPECTRUM DISORDER AND THEIR PARENTS** (PUB JUN 15, 2021) BY ELIZABETH VERDICK , ELIZABETH REEVE M.D., ET AL.
- 10) **UNWRITTEN RULES OF SOCIAL RELATIONSHIPS: DECODING SOCIAL MYSTERIES THROUGH THE UNIQUE PERSPECTIVES OF AUTISM: NEW EDITION WITH AUTHOR UPDATES** (PUB APRIL 1, 2017) BY TEMPLE GRANDIN PH.D. & SEAN BARRON
- 11) **SOCIAL FILTER SKILLS FOR KIDS WITH AUTISM & ASPERGER'S** (PUB APRIL 6, 2020) BY JANINE TOOLE PHD
- 12) **THE SCIENCE OF MAKING FRIENDS: HELPING SOCIALLY CHALLENGED TEENS AND YOUNG ADULTS** (PUB SEPT 10, 2013) BY ELIZABETH LAUGESON & JOHN ELDER ROBISON
- 13) **HELPING YOUR CHILD WITH SENSORY REGULATION: SKILLS TO MANAGE THE EMOTIONAL AND BEHAVIORAL COMPONENTS OF YOUR CHILD'S SENSORY PROCESSING CHALLENGES** (PUB MAR 1, 2021) BY SUZANNE MOUTON-ODUM PHD, RUTH GOLDFINGER GOLOMB LCPC
- 14) **105 ACTIVITIES FOR YOUR CHILD WITH AUTISM AND SPECIAL NEEDS: ENABLE THEM TO THRIVE, INTERACT, DEVELOP AND PLAY** (PUB DEC 23, 2020) BY SUSAN JULES
- 15) **THE AUTISTIC BRAIN: HELPING DIFFERENT KINDS OF MINDS SUCCEED** (PUB APR 1, 2014) BY TEMPLE GRANDIN AND RICHARD PANEK

- 16) **THE AUTISM REVOLUTION: WHOLE-BODY STRATEGIES FOR MAKING LIFE ALL IT CAN BE**
(PUB MAR 12, 2013) BY DR. MARTHA HERBERT AND KAREN WEINTRAUB
- 17) **ASPERGER'S AND SELF-ESTEEM: INSIGHT AND HOPE THROUGH FAMOUS ROLE MODELS**
(PUB SEP 29, 2014) BY NORM LEDGIN , MARSHA M. LEDGIN, ET AL.
- 18) **LIVING WELL ON THE SPECTRUM: HOW TO USE YOUR STRENGTHS TO MEET THE CHALLENGES OF ASPERGER SYNDROME/HIGH-FUNCTIONING AUTISM** (PUB MARCH 15, 2011)
BY VALERIE L. GAUS AND STEPHEN SHORE
- 19) **HOW TO TALK WITH FRIENDS: A STEP-BY-STEP SOCIAL SKILLS CURRICULUM FOR CHILDREN WITH AUTISM** (PUB OCT 5, 2016) BY JANINE TOOLE PHD
- 20) **SIX MINUTE SOCIAL SKILLS WORKBOOK 1: CONVERSATION SKILLS FOR KIDS WITH AUTISM & ASPERGER'S** (PUB JULY 31, 2017) BY JANINE TOOLE PHD
- 21) **SIX MINUTE SOCIAL SKILLS WORKBOOK 2: SOCIAL DETECTIVE SKILLS FOR KIDS WITH AUTISM & ASPERGER'S** (PUB NOV 14, 2017) BY JANINE TOOLE PHD
- 22) **THE TEENS' WORKBOOK TO SELF REGULATE: EMPOWERING TEENAGERS TO HANDLE EMOTIONS WITH SUCCESS THROUGH COPING STRATEGIES AND CBT EXERCISES** (PUB NOV 23, 2022)
BY RICHARD BASS
- 23) **AUTISM AND GIRLS: WORLD-RENOWNED EXPERTS JOIN THOSE WITH AUTISM SYNDROME TO RESOLVE ISSUES THAT GIRLS AND WOMEN FACE EVERY DAY! NEW UPDATED AND REVISED EDITION** (PUB AUG 2, 2019) BY TONY ATTWOOD AND TEMPLE GRANDIN

- 24) **ASPERGERS AND ADULthood: A GUIDE TO WORKING, LOVING, AND LIVING WITH ASPERGERS SYNDROME** (PUB AUG 28, 2015) BY BLYTHE GROSSBERG PSYD
- 25) **LIFE ON THE AUTISM SPECTRUM : A GUIDE FOR GIRLS AND WOMEN** (PUB SEPT 21, 2015)
BY MCKIBBIN, KAREN (FRW); ATTWOOD, TONY (FRW)
- 26) **ASPERGIRLS: EMPOWERING FEMALES WITH ASPERGER SYNDROME**
(PUB JUN 15, 2010) BY RUDY SIMONE
- 27) **AUTISM: WHAT DOES IT MEAN TO ME?: A WORKBOOK EXPLAINING SELF AWARENESS AND LIFE LESSONS TO THE CHILD OR YOUTH WITH HIGH FUNCTIONING AUTISM OR ASPERGERS**
(PUB JUNE 15, 2014) BY CATHERINE FAHERTY & GARY B MESIBOV
- 28) **SOCIAL-EMOTIONAL LEARNING FOR AUTISTIC KIDS: FUN ACTIVITIES TO MANAGE BIG FEELINGS AND MAKE FRIENDS (FOR AGES 5-10)** (PUB AUG 15, 2023) BY EMILY MORI & VICTORIA STEBLEVA
- 29) **MY EMOTION JOURNAL: TRACKING THE HIGHS AND LOWS OF OUR FEELINGS**
(PUB FEBRUARY 17, 2023) BY MICHAEL URAM MA
- 30) **ADULT AUTISM SUPPORT GUIDE: SIMPLE & EFFECTIVE STRATEGIES TO CREATE A SUPPORTIVE ENVIRONMENT, RECOGNIZE & UNDERSTAND SYMPTOMS, AND HELP AUTISTIC INDIVIDUALS BE HEARD**
(PUB MAY 13, 2023) BY MAXINE KELLEY
- 30) **DEVELOPING TALENTS: CAREERS FOR INDIVIDUALS WITH AUTISM** (PUB APRIL 2, 2024) BY DR. TEMPLE GRANDIN & KATE DUFFY

UNDERSTANDING AUTISM

- 1) **WE'RE NOT BROKEN: CHANGING THE AUTISM CONVERSATION** (PUB AUG 3, 2021) BY ERIC GARCIA

- 2) **UNDERSTANDING AUTISM, WALK A MILE IN THEIR SHOES: BEGINNERS GUIDE TO: DIAGNOSIS PROCESS, CREATING ROUTINES, MANAGING SENSORY DIFFICULTIES, SURVIVING MELTDOWNS, AND MUCH MORE!** (PUB MARCH 31, 2021) BY YASMIN AKHTAR

- 3) **DIVERGENT MIND: THRIVING IN A WORLD THAT WASN'T DESIGNED FOR YOU** (PUB MARCH 24, 2020) BY JENARA NERENBERG

- 4) **THE POWER OF NEURODIVERSITY: UNLEASHING THE ADVANTAGES OF YOUR DIFFERENTLY WIRED BRAIN** (PUB OCTOBER 4, 2011) BY PH.D. THOMAS ARMSTRONG PHD

- 5) **WOMEN AND GIRLS WITH AUTISM SPECTRUM DISORDER: UNDERSTANDING LIFE EXPERIENCES FROM EARLY CHILDHOOD TO OLD AGE** (PUB JULY 29, 2021) BY SARAH HENDRICKX

- 6) **UNIQUELY HUMAN: A DIFFERENT WAY OF SEEING AUTISM, UPDATED & EXPANDED** (PUB APR 19, 2022) BY BARRY M. PRIZANT, PHD

- 7) **CONNECTING WITH THE AUTISM SPECTRUM: HOW TO TALK, HOW TO LISTEN, AND WHY YOU SHOULDN'T CALL IT HIGH-FUNCTIONING** (PUB OCT 13, 2020) BY CASEY "REMROV" VORMER

- 8) **IN A DIFFERENT KEY: THE STORY OF AUTISM** (PUB JAN 17, 2017) BY JOHN DONVAN & CAREN ZUCKER

- 9) **OLDER AUTISTIC ADULTS IN THEIR OWN WORDS: THE LOST GENERATION** (PUB 2021) BY WILMA WAKE PHD LCSW, ERIC ENDLICH PHD, & ROBER S. LAGOS

- 10) **VISUAL THINKING: THE HIDDEN GIFTS OF PEOPLE WHO THINK IN PICTURES, PATTERNS, AND ABSTRACTIONS** (PUB OCT 11, 2022) BY TEMPLE GRANDIN PHD

- 11) **UNMASKING AUTISM: DISCOVERING THE NEW FACES OF NEURODIVERSITY** (PUB APR 5, 2022)
BY DEVON PRICE

- 12) **MINDBLINDNESS: AN ESSAY ON AUTISM AND THEORY OF MIND** (PUB JAN 22, 1997)
BY SIMON BARON-COHEN , LEDA COSMIDES, ET AL.

- 13) **EXPECT A MIRACLE: UNDERSTANDING AND LIVING WITH AUTISM** (PUB JUNE 13, 2020)
BY SANDY PETROVIC & DAVID PETROVIC

- 14) **THE PATTERN SEEKERS: HOW AUTISM DRIVES HUMAN INVENTION** (PUB JAN 24, 2023)
BY SIMON BARON-COHEN

- 15) **NEURO TRIBES: THE LEGACY OF AUTISM AND THE FUTURE OF NEURODIVERSITY**
(PUB AUG 23, 2016) BY STEVE SILBERMAN

- 16) **AUTISTICS ON AUTISM: STORIES YOU NEED TO HEAR ABOUT WHAT HELPED THEM WHILE GROWING UP AND PURSUING THEIR DREAMS** (PUB FEB 7, 2022) BY KERRY MAGRO

- 17) **THE COMPLETE GUIDE TO ASPERGER'S SYNDROME (AUTISM SPECTRUM DISORDER) REVISED EDITION** (PUB MAY 15, 2008) BY TONY ATTWOOD

- 18) **CAMOUFLAGE: THE HIDDEN LIVES OF AUTISTIC WOMEN – ILLUSTRATED** (PUB MARCH 21, 2019)
BY SARAH BARGIELA

- 19) **TEMPLE TALKS ABOUT AUTISM AND SENSORY ISSUES: THE WORLD'S LEADING EXPERT ON AUTISM SHARES HER ADVICE AND EXPERIENCES** (PUB APRIL 4, 2015) BY DR. TEMPLE GRANDIN

20) **THE ABCs OF AUTISM: A USER-FRIENDLY GUIDE: A PRACTICAL COMPANION FOR AUTISM AWARENESS** (PAPERBACK PUB JULY 20, 2023) BY ZEE SEAN

21) **IS THIS AUTISM? A GUIDE FOR CLINICIANS AND EVERYONE ELSE (1ST EDITION PUB JUNE 5, 2023)**
BY DONNA HENDERSON (AUTHOR), SARAH WAYLAND (AUTHOR), JAMELL WHITE (AUTHOR)

PODCASTS

Throughout various media platforms, there are a multitude of parents sharing their journey of caring for autistic children, as well as numerous adults sharing their discovery of being diagnosed late in life with autism; also, there are many clinician and various professionals discussing autism, etc. This resource lists only a few.

“Meet My Brain: A Field Guide To Autism” (podcast for women diagnosed late in life and in general what it’s like to be autistic)

Autism In Real Life (For Parents, Educators, Advocates: Hosted by Ilia Walsh, who is dedicated to offering insights into the joys and challenges of living with autism.)

“Two Sides of the Spectrum” (podcast about exploring research and changing the way autism in life is thought about as well as in professional therapy practice)

“Autism Outreach” (podcast: Speech Therapist and BCBA)

“The Autism ADHD” (podcast)

“Moms Talk autism” (podcast)

“Uniquely Human” (podcast to educate and inform)

“Life On The Spectrum” (podcast created for families living with Autism. Hosted by broadcaster and special education assistant Katie Bennison—feat. Voices of parents, educators, doctors, therapists and people with autism)

“Autism Knows No Borders” (Podcast: Global Autism Project)

“The Autistic Culture” (YouTube and podcast—Two autistic professionals discuss autism as its own culture in general, autistic contributions to society, insight for late-in-life diagnosis, and more.)

“Living the Sky Life: Autism Journey” (Podcast: life with an autistic sibling)